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# Return of Private Foundation or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements

OMB No 1545-0052

For cal	endar year 2011 or tax year beginning DEC	1, 2011	, and ending	NOV 30, 2012	
Name	of foundation			A Employer identification	number
TH	E ALEXANDER LOWEN FOUNDA	TION INC			
_C/	O F. L. LOWEN			20-5926191	
Numbe	er and street (or P.O. box number if mail is not delivered to street	address)	Room/suite	B Telephone number	
_18	52 TEXAS HILL ROAD			802-482-41	.13
	r town, state, and ZIP code			C If exemption application is p	ending, check here
	NESBURG, VT 05461		<del></del>	_	. $\square$
G Che	ck all that apply		ormer public charity	D 1. Foreign organizations	s, check here
	Final return	Amended return		Foreign organizations me 2. check here and attach co	eeting the 85% test,
	Address change	Name change		1	
	ck type of organization: X Section 501(c)(3) ex			E If private foundation sta	
		Other taxable private foundang method X Cash	Accrual	under section 507(b)(1)	
	market value of all assets at end of year   <b>J</b> Accounti on <i>Bert II, ol ¢), the 6</i> )	ther (specify)	Accidal	F If the foundation is in a	
( <i>noi</i>	14,131. (Part , l olu	mn of) most be on eash	hasis)	under section 507(b)(1)	)(b), check here
	Analysis of Revenue and Expenses	(a) Revenue and	(b) Net investment	(c) Adjusted net	(d) Disbursements
	(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))	expenses per books	income	income	for charitable purposes (cash basis only)
	1 Contributions, gifts, grants, etc., received	150.			(coon socio ciny)
	2 Check X If the foundation is not required to attach Sch. B				
	Interest on savings and temporary cash investments	23.	23.	23.	STATEMENT 1
	Dividends and interest from securities				
(	Gross rents				
6	b Net rental income or (loss)	ı			
e ~	02 Net gain or (loss) from sale of assets not on line 10  Gross sales price for all				
anue P	D assets on line 6a				
Revenue	7 Capital gain net income (from Part IV, line 2)		0.		
<u>-</u>	B Net short-term capital gain			0.	
Ż	9 Income modifications Gross sales less returns 1 2 5 0 1				
	Ja and allowances 13,591.				STATEMENT 2
(2)	b Less Cost of goods sold 1,636.	11 055	<del></del>	11 055	STATEMENT 3
( <b>7)</b>	c Gross profit or (loss)  1 Other income	11,955. 589.	0.	11,955.	STATEMENT 4
1:		12,717.	23.	12,567.	STATEMENT 4
13		0.	0.	0.	0.
14			<del>`</del>		
1	Pension plans, employee benefits				
Ses 10	Sa Legal fees				
Sen	b Accounting fees STMT 5	750.	0.	750.	0.
ŭ	c Other professional fees STMT 6	7,584.	<u> </u>	7,584.	0.
<u>§</u> 17			L KECE	YED 7	
15 E			88		
S 19	,		MAR 20	2013 8	
[ 20	, ,		IN MAR 20	1 1 1	
Ž 2	,		1 OCHVENI	- SE	
E 22	- '	1 224	1 UGDEN	UT	
Operating and Administrative Expense	,	1,234.	<u> </u>		3.
era 7	expenses Add lines 13 through 23	9,568.	0.	9,565.	,
Ö 25	-	0.		2,303.	3.
26			<del></del>		9.
-	Add lines 24 and 25	9,568.	0.	9,565.	3.
27		- 4			
	Excess of revenue over expenses and disbursements	3,149.			
	b Net investment income (if negative, enter -0-)		23.		
123501	C Adjusted net income (if negative, enter -0-)			3,002.	

123501 12-02-11 LHA For Paperwork Reduction Act Notice, see instructions

	15	Other assets (describe ►)		
	16	Total assets (to be completed by all filers)	10,982.	14,131.
	17	Accounts payable and accrued expenses		
	18	Grants payable		
ģ,	19	Deferred revenue		
Liabilities	20	Loans from officers, directors, trustees, and other disqualified persons		
ge .	21	Mortgages and other notes payable		
	22	Other liabilities (describe >)		
	23	Total liabilities (add lines 17 through 22)	0.	0.
		Foundations that follow SFAS 117, check here		
,,		and complete lines 24 through 26 and lines 30 and 31		
ces	24	Unrestricted		
lan	25	Temporarily restricted		
Ra	26	Permanently restricted		
Assets or Fund Balances		Foundations that do not follow SFAS 117, check here		
r F		and complete lines 27 through 31		
S	27	Capital stock, trust principal, or current funds	0.	0.
se	28	Paid-in or capital surplus, or land, bldg , and equipment fund	0.	0.
	29	Retained earnings, accumulated income, endowment, or other funds	10,982.	14,131.
ĕ	30	Total net assets or fund balances	10,982.	14,131.

Part III Analysis of Changes in Net Assets or Fund Balances

31 Total liabilities and net assets/fund balances

10a Investments - U.S. and state government obligations

b Investments - corporate stock
c Investments - corporate bonds
11 Investments - land, buildings, and equipment basis
Less accumulated depreciation
12 Investments - mortgage loans

14 Land, buildings, and equipment basis

13 Investments - other

Less accumulated depreciation

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 30		
	(must agree with end-of-year figure reported on prior year's return)	1	10,982.
2	Enter amount from Part I, line 27a	2	3,149.
3	Other increases not included in line 2 (itemize)	3	0.
4	Add lines 1, 2, and 3	4	14,131.
5	Decreases not included in line 2 (itemize)	5	0.
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	14,131.

Form 990-PF (2011)

14,131.

10,982

14,131

(a) List and desc	ribe the kind	ses for Tax on In (s) of property sold (e.g. common stock, 200 shs	, real estate, MLC Co.)		I P	łow ac - Purcl - Dona	nase	(c) Date ac (mo , day	quired /, yr )	(d) Date sold (mo , day, yr )
<u>1a</u>					<u> </u>					
b NO	NE				ļ					
<u> </u>					ļ					<del></del>
<u>d</u>	<del></del> -				+					
<u>e</u>	1 1 2				}					
(e) Gross sales price	(or allowable) plus expense of sale							n or (loss) (f) minus (		
a										
b					$\longrightarrow$					
C	<del> </del>		<u> </u>					_ <del></del> ·		
d	<u> </u>									
е	L									
Complete only for assets shown	ng gain in co	lumn (h) and owned by t					(	I) Gains (Co	l (h) gain	minus
(ı) F.M.V. as of 12/31/69	(j)	Adjusted basis s of 12/31/69		xcess of col. (1) r col. (1), if any			CO	l. (k), but no Losses (f	rom col (	1-U-) <b>0</b> r 1))
a										
b										
C					j					
d						_				
е			-							<del></del>
		( If main also anton	in Part Lline	7	$\neg$					
2 Capital gain net income or (net ca	apital loss)	If gain, also enter	ın Part I line	: <i>1</i> 2.7	<b> </b>	2				
, ,	,	•		, ,	7					
3 Net short-term capital gain or (to If gain, also enter in Part I, line 8,		d in sections 1222(5) an	a (b):		٦					
If (loss), enter -0- in Part I, line 8					P1	3				
		ction 4940(e) for	Reduced	Tax on Net	Inv	estm	ent In	come		
(For optional use by domestic privat If section 4940(d)(2) applies, leave t Was the foundation liable for the sec	his part blan	k				···/				N/A
<u>If "Yes," the foundation does not qua</u>	ılıfy under se	ction 4940(e). Do not co	mplete this p	art.				<del></del>		
1 Enter the appropriate amount in	each column	for each year; see instri	ictions before	e making any entri	es.					7.15
(a) Base period years Calendar year (or tax year beginni	ıng ın)	(b) Adjusted qualifying dist	tributions	Net value of no	(c) onchar	ıtable-	use assets	S (0		(d) ution ratio ded by col (c))
2010				L						
2009										
2008										
2007										
2006										
2 Total of line 1, column (d)					-			2	_	
3 Average distribution ratio for the	5-year hace	nariod - divide the total o	n ling 2 hy 5	or by the number	ofvo	orc				<del></del> _
the foundation has been in existe			in line 2 by 5,	, or by the number	UI yea	ai 5		3		
4 Enter the net value of noncharitable-use assets for 2011 from Part X, line 5			4							
4 Enter the net value of noncharital	ble-use asset	s for 2011 from Part X, I	ine 5							
	ble-use asset	s for 2011 from Part X, I	ine 5					5		
5 Multiply line 4 by line 3			ine 5							
5 Multiply line 4 by line 3 3 Enter 1% of net investment incor			ine 5					5		
4 Enter the net value of noncharitat 5 Multiply line 4 by line 3 6 Enter 1% of net investment incor 7 Add lines 5 and 6 8 Enter qualifying distributions from	ne (1% of Pa	urt I, line 27b)	ine 5					5		

THE ALEXANDER LOWEN FOUNDATION INC

	THE ADEXANDER DOWER FOUNDATION THE				
_	n 990-PF (2011) C/O F. L. LOWEN  Int VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4	20-592			Page 4
$\overline{}$	Exempt operating foundations described in section 4940(d)(2), check here \(\bigs\) \(\bigz\) and enter "N/A" on line 1	3-10 - 360		ictio	113)
10	Date of ruling or determination letter $\frac{11/06/06}{}$ (attach copy of letter if necessary-see instructions)				
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here and enter 1%	1	N/	Δ	
_	of Part I, line 27b				_
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).				
	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2			
		3		_	
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only Others enter -0-)	4			
5	Tax based on investment income Subtract line 4 from line 3. If zero or less, enter -0-	5			0.
6	Credits/Payments:				
а	2011 estimated tax payments and 2010 overpayment credited to 2011 6a 6a				
b	Exempt foreign organizations - tax withheld at source 6b				
C	Tax paid with application for extension of time to file (Form 8868)				
d	Backup withholding erroneously withheld 6d 6d				
7	Total credits and payments. Add lines 6a through 6d	7			0.
	Enter any penalty for underpayment of estimated tax. Check here if Form 2220 is attached	8			
	Tax due If the total of lines 5 and 8 is more than line 7, enter amount owed	9			0.
	Overpayment If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10			
	Enter the amount of line 10 to be: Credited to 2012 estimated tax				
	art VII-A Statements Regarding Activities	<del> </del>		124	
1a	During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene	ın		Yes	
	any political campaign?		<u>1a</u>		X
b	Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)?		1b		X
	If the answers "Ye" of 1a or1b, attach a edialed description of the abvities and opies of an maderials published	ed or	ļ		
_	distributed by the foundation in connection with the advities				
	Did the foundation file Form 1120-POL for this year?		1c		X
u	Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year <sup>-</sup> (1) On the foundation ▶ \$ 0 • (2) On foundation managers. ▶ \$ 0 •				
	(1) On the foundation $\blacktriangleright$ \$ (2) On foundation managers. $\blacktriangleright$ \$ 0 . Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation				
C	managers > \$ 0.		Ì	1	
2	Has the foundation engaged in any activities that have not previously been reported to the IRS?		2		Х
-	If "Ye," attach a edialed description of he abvities				
3	Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or	r			
-	bylaws, or other similar instruments? ff "Ye," attach a conformed opy of he changes	1	3		Х
4a	Did the foundation have unrelated business gross income of \$1,000 or more during the year?		4a		X
	If "Yes," has it filed a tax return on Form 990-T for this year?	N/A	4b		
	Was there a liquidation, termination, dissolution, or substantial contraction during the year?	-1,	5		Х
	If "Ye," attach the sattement required by General instruction T			-	
6	Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either:				
	By language in the governing instrument, or				
	• By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state	law			
	remain in the governing instrument?		6	Х	
7	Did the foundation have at least \$5,000 in assets at any time during the year?		7	X	
	If "Ye," omplete Part II, oi ¢), and Part XV				
8a	Enter the states to which the foundation reports or with which it is registered (see instructions)		_		
	CT		_		
b	If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate)			Ι .	
	of each state as required by General Instruction G?fl "No," tetch explanation		8b	_X	
9	Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for cale	ndar			
	year 2011 or the taxable year beginning in 2011 (see instructions for Part XIV)? If "Ye," omplete lart XV		9	_X	
10	Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		10		X

123541 12-02-11

had not been removed from jeopardy before the first day of the tax year beginning in 2011?

THE ALEXANDER LOWEN FOUNDATION INC C/0 F. L. LOWEN 20-5926191 Page 6 Form 990-PF (2011) Part VII-B | Statements Regarding Activities for Which Form 4720 May Be Required (continued) 5a During the year did the foundation pay or incur any amount to 🗌 Yes 🗶 No (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? (2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, Yes X No any voter registration drive? Yes X No (3) Provide a grant to an individual for travel, study, or other similar purposes? (4) Provide a grant to an organization other than a charitable, etc., organization described in section Yes X No 509(a)(1), (2), or (3), or section 4940(d)(2)? (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for Yes X No the prevention of cruelty to children or animals? b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? N/A 5b Organizations relying on a current notice regarding disaster assistance check here c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? N/A Yes If "Ye," attach the sattement required by Regulations setion 5 4945-5(d) 6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on Yes X No a personal benefit contract? X b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? 6b If "Ye" o 6, fe Form 8870 Yes X No 7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction? 7b N/AInformation About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors 1 List all officers, directors, trustees, foundation managers and their compensation. (d) Contributions to employee benefit plans and deferred compensation (b) Title, and average hours per week devoted to position (c) Compensation (e) Expense account, other allowances (If not paid, enter -0-) (a) Name and address FREDERIC LOWEN DIRECTOR 1852 TEXAS HILL ROAD HINESBURG, VT 05461 25.00 0 0 0. CHERYL PILEGGI DIRECTOR 1852 TEXAS HILL ROAD HINESBURG, VT 05461 10.00 0. 0. 0. JOHN YONG DIRECTOR 11E BROADWAY - SUITE 9B NEW YORK, NY 10038 1.00 0. 0. 0.

2 Compensation of five highest-paid employees (other than those inc	luded on line 1). If none,	enter "NONE."		
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, othe allowances
NONE				
Total number of other employees paid over \$50,000				

3 Five highest-paid independent contractors for professional services. If none, ente		
(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE	_	
	-	
<b>T</b> 1 1		
Total number of others receiving over \$50,000 for professional services  Part IX-A Summary of Direct Charitable Activities		<u>▶</u>  0
List the foundation's four largest direct charitable activities during the tax year. Include relevant statis	tical information cuch as the	
number of organizations and other beneficiaries served, conferences convened, research papers pro-	duced, etc.	Expenses
1		
SEE STATEMENT 8		480.
2		
3	-	
3		
4		
Doubliv D. C.		
Part IX-B Summary of Program-Related Investments  Describe the two largest program-related investments made by the foundation during the tax year on	1	
	lines Tano 2	Amount
1 N/A		
2		
All other program-related investments. See instructions.		
3		
Total. Add lines 1 through 3		0.
- Committee of throughton		

Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.) Part X Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes: a Average monthly fair market value of securities 1a 8,121 Average of monthly cash balances 1b c Fair market value of all other assets 1c d Total (add lines 1a, b, and c) 8,121 1d Reduction claimed for blockage or other factors reported on lines 1a and 0. 1c (attach detailed explanation) 1e Acquisition indebtedness applicable to line 1 assets 8,121. Subtract line 2 from line 1d 3 Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions) 122. 4 7,999. Net value of noncharitable-use assets Subtract line 4 from line 3. Enter here and on Part V, line 4 5 Minimum investment return Enter 5% of line 5 6 400 Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ightharpoonup and do not complete this part.) Minimum investment return from Part X, line 6 1 Tax on investment income for 2011 from Part VI, line 5 2a b Income tax for 2011 (This does not include the tax from Part VI.) 2b c Add lines 2a and 2b 2¢ Distributable amount before adjustments. Subtract line 2c from line 1 3 Recoveries of amounts treated as qualifying distributions 4 4 Add lines 3 and 4 5 Deduction from distributable amount (see instructions) 6 6 Distributable amount as adjusted Subtract line 6 from line 5. Enter here and on Part XIII, line 1 7 Part XII Qualifying Distributions (see instructions) Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes. a Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26 Program-related investments - total from Part IX-B 1b Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes 2 Amounts set aside for specific charitable projects that satisfy the: a Suitability test (prior IRS approval required) 3a Cash distribution test (attach the required schedule) 3b Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4 4 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b 5 Adjusted qualifying distributions Subtract line 5 from line 4 6 Note The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section

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4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see	nstructions)	N/A		
	(a)	(b)	(c)	(d)
	Corpus	Years prior to 2010	2010	2011
1 Distributable amount for 2011 from Part XI, line 7				
2 Undistributed income, if any, as of the end of 2011			·	
a Enter amount for 2010 only	<u></u>			_
b Total for prior years				
3 Excess distributions carryover, if any, to 2011:				
a From 2006				
<b>b</b> From 2007				
<b>c</b> From 2008		1		
d From 2009				
e From 2010				
f Total of lines 3a through e		1		
4 Qualifying distributions for 2011 from				
Part XII, line 4. > \$				
a Applied to 2010, but not more than line 2a				
b Applied to undistributed income of prior			· · · · · · · · · · · · · · · · · · ·	
years (Election required - see instructions)				
c Treated as distributions out of corpus				
(Election required - see instructions)		<del></del>	<del> </del>	
d Applied to 2011 distributable amount			<del></del> _	
e Remaining amount distributed out of corpus				<u> </u>
5 Excess distributions carryover applied to 2011 (If an amount appears in column (d), the same amount must be shown in column (a))				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5				
b Prior years' undistributed income. Subtract				
line 4b from line 2b	<u></u>			
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed			-	
d Subtract line 6c from line 6b. Taxable				
amount - see instructions				
e Undistributed income for 2010. Subtract line				
4a from line 2a Taxable amount - see instr.			·	
f Undistributed income for 2011. Subtract				
lines 4d and 5 from line 1. This amount must				
be distributed in 2012				
7 Amounts treated as distributions out of				
corpus to satisfy requirements imposed by				
section 170(b)(1)(F) or 4942(g)(3)				
8 Excess distributions carryover from 2006				
not applied on line 5 or line 7				
9 Excess distributions carryover to 2012				<del></del>
Subtract lines 7 and 8 from line 6a				
10 Analysis of line 9				<del></del>
a Excess from 2007				
b Excess from 2008				
c Excess from 2009				
d Excess from 2010				
e Excess from 2011				

Page 10

Part XIV Private Operating For	undations (see instru	uctions and Part VII-A	, question 9)		
1 a If the foundation has received a ruling or d	letermination letter that it i	s a private operating		•	
foundation, and the ruling is effective for 2	011, enter the date of the	ruling	<b>▶</b> 11/0	6/06	
<b>b</b> Check box to indicate whether the foundate	ion is a private operating f	oundation described in s	section X 49	42(j)(3) or 4942	(1)(5)
2 a Enter the lesser of the adjusted net	Tax year		Prior 3 years		
income from Part I or the minimum	(a) 2011	(b) 2010	(c) 2009	(d) 2008	(e) Total
investment return from Part X for					
each year listed	400.	886.	109.	32.	<u> </u>
b 85% of line 2a	340.	753.	93.	27.	1,213.
c Qualifying distributions from Part XII,					•
line 4 for each year listed	3.	13,026.	15,579.	25,110.	53,718.
d Amounts included in line 2c not					· - · •
used directly for active conduct of					
exempt activities	0.	0.	0.	0.	0.
e Qualifying distributions made directly					
for active conduct of exempt activities.					
Subtract line 2d from line 2c	3.	13,026.	15,579.	25,110.	53,718.
3 Complete 3a, b, or c for the					
alternative test relied upon:  a "Assets" alternative test - enter;					
(1) Value of all assets					0.
(2) Value of assets qualifying					
under section 4942(j)(3)(B)(i)					0.
b "Endowment" alternative test - enter					
2/3 of minimum investment return shown in Part X, line 6 for each year					
listed	267.	591.	815.	1,437.	3,110.
c "Support" alternative test - enter:					
(1) Total support other than gross					
investment income (interest, dividends, rents, payments on					
securities loans (section					
512(a)(5)), or royalties)	<u> </u>				0.
(2) Support from general public					
and 5 or more exempt organizations as provided in					
section 4942(j)(3)(B)(III)					0.
(3) Largest amount of support from					
an exempt organization					0.
(4) Gross investment income					0.
Part XV Supplementary Inform	nation (Complete	this part only if	the foundation ha	ad \$5,000 or more	e in assets
at any time during the	-i	ctions.)			
1 Information Regarding Foundation I					
a List any managers of the foundation who h year (but only if they have contributed mor	ave contributed more that	n 2% of the total contrib	utions received by the fou	ndation before the close o	of any tax
	e man po,000). (See Secti	on 507(u)(2).)			
NONE	100/ oz mono of the at				
b List any managers of the foundation who o other entity) of which the foundation has a	10% or more of the st	ock of a corporation (or	an equally large portion of	t the ownership of a partr	ership or
NONE	or gradier mission				
2 Information Regarding Contribution	Grant Gift Loan Sa	holorohin etc. Duce			
Check here ► X If the foundation only	r makee contributions to n	racalacted charitable are	jrams.	spant uppeliested resuset	a fau founda - If
the foundation makes gifts, grants, etc. (se	e instructions) to individu	als or organizations und	er other conditions, comp	lete items 2a h c and d	S for fullus. II
a The name, address, and telephone number				iota italia Eu, b, o, ana a.	·
a the hame, address, and telephone hamber	or the person to whom ap	phicagons silvulu ne au	ui caseu.		
b The form in which applications should be s	ubmitted and information	and materials they shou	ld include	-	
c Any submission deadlines.					
d Any rootriotions as benefit and a second	ush so bu			· · ·	
d Any restrictions or limitations on awards, si	ucii as by geographical ar	eas, cnaritable fields, kin	as of institutions, or othe	r tactors	

Part XV Supplementary Informati				
3 Grants and Contributions Paid During the Recipient	If recipient is an individual	ayment		
Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of	Purpose of grant or contribution	Amount
	or substantial contributor	recipient		
a Paid odiring the year				
NONE				
<del></del>				<del></del>
b Approved for fure payment		<del></del>	<b>▶</b> 3a	0
a Approved for tare payment				
		į		
NONE				
	<del></del>			
7				
Total			<u>▶ 3b</u>	0 . rm <b>990-PF</b> (2011)

### Part XVI-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated	Unrelated	ousiness income		by section 512, 513, or 514	(e)
1 Program service revenue:	(a) Business code	(b) Amount	Exclu- sion code	(d) Amount	Related or exempt function income
a WORKSHOP INCOME	code		code		589.
	_				303.
b					
cd					
ef	_				
g Fees and contracts from government agencies					
2 Membership dues and assessments					
3 Interest on savings and temporary cash investments					23.
4 Dividends and interest from securities					
5 Net rental income or (loss) from real estate:					
a Debt-financed property				-	
b Not debt-financed property					
6 Net rental income or (loss) from personal					
property			<u> </u>		
7 Other investment income					
8 Gain or (loss) from sales of assets other than inventory					
9 Net income or (loss) from special events					
10 Gross profit or (loss) from sales of inventory					11,955.
11 Other revenue:					
a					
b					
C					
d					
e	_				
12 Subtotal. Add columns (b), (d), and (e)		(	<u>).                                    </u>	0.	12,567.
13 Total Add line 12, columns (b), (d), and (e)				13	12,567.
(See worksheet in line 13 instructions to verify calculations.	)		<del></del>		

#### Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

Line No	Explain below how each activity for which income is reported in column (e) of Part XVI-A contributed importantly to the accomplishment of the foundation's exempt purposes (other than by providing funds for such purposes).
<u>1A</u>	THE ALEXANDER LOWEN FOUNDATION, INC. WAS FORMED EXCLUSIVELY FOR
	CHARITABLE AND EDUCATIONAL PURPOSES, FOCUSING SPECIFICALLY ON
	EDUCATING THE GENERAL PUBLIC ABOUT THE USE OF BIOENERGETIC ANALYSIS
	IN PSYCHOLOGY AND PSYCHOTHERAPY. THROUGH THE DISSEMINATION OF
	PUBLICATIONS, HOSTING OF SEMINARS AND RESEARCH ACTIVITIES, THE
	FOUNDATION WILL FURTHER THE AWARENESS, USE AND APPLICABILITY OF
	BIOENERGETIC ANALYSIS. THE FUNDING OF THESE ACTIVITIES WILL BE
	PROVIDED THROUGH PRIVATE DONATIONS, PUBLICATION SALES,
	AND DONATIONS ASSOCIATED WITH PARTICIPATION OF FOUNDATION-SPONSORED
	EVENTS. THE NEW CANAAN, CT, ZAGREB, CROATIA, AND NY, NY WORKSHOPS WERE
	FOUNDATION SPONSORED EVENTS.

123621 12-02-11

			MEN POUNDATION II			
	0-PF (2011) C/O	F. L. LOWEN				ige 13
Part			s To and Transactions ar	nd Relationships With Non	charitable	
	Exempt Orgai	nizations				
<b>1</b> Did	d the organization directly or ind	lirectly engage in any of the	following with any other organization	n described in section 501(c) of	Yes	No
the	e Code (other than section 501(	c)(3) organizations) or in se	ection 527, relating to political organiz	zations?		
<b>a</b> Tra	ansfers from the reporting found	dation to a noncharitable ex	empt organization of:			
(1)	Cash				1a(1)	X
(2)	Other assets				1a(2)	X
<b>b</b> Otl	her transactions.					
(1)	Sales of assets to a noncharit	able exempt organization			1b(1)	Х
(2)	Purchases of assets from a ne	oncharitable exempt organi	zation		1b(2)	Х
(3)	Rental of facilities, equipment	, or other assets			1b(3)	Х
	Reimbursement arrangement				1b(4)	Х
(5)	Loans or loan guarantees				1b(5)	Х
٠,,	Performance of services or m	embership or fundraising s	olicitations		1b(6)	Х
	aring of facilities, equipment, m	=			1c	Х
				ays show the fair market value of the go		
				e in any transaction or sharing arrangen		
	lumn (d) the value of the goods			and a control of one mig arranger	10711, 011011 111	
(a) Line r			haritable exempt organization	(d) Description of transfers, transaction	is, and sharing arrangeme	ents
· /	(-7	<del></del>	N/A	(-)		
			N/A	<u> </u>	* * * ***	
		-		<del></del>	•••	
•				-		
		<del> </del>				
-		<u> </u>		ļ		
		<u> </u>			<u>-</u>	
	<u> </u>		·····	_		
			·			
2a Is	the foundation directly or indire	ctly affiliated with, or related	to, one or more tax-exempt organiza	ations described		
ın :	section 501(c) of the Code (othe	er than section 501(c)(3)) o	or in section 527?		Yes X	] No
b If"	Yes," complete the following scl	hedule.				
	(a) Name of or	ganization	(b) Type of organization	(c) Description of rel	ationship	
	N/A					
					<del></del>	
		· · · · · · · · · · · · · · · · · · ·				
	Under penalties of perjury, I declare	that I have examined this return	n, including accompanying schedules and s	tatements, and to the best of my knowledge	F	
Sign	and belief, it is true, correct, and co	emplete Declaration of preparer	(other than taxpayer) is based on all informa	tion of which preparer has any knowledge	May the IRS discuss t return with the prepare	er
Here	Ngu lun	- I / Jones	1 1/3/14/13	X // Can fac	shown below (see inst	¬'
	Signature of officer or truste	e / Como	Date	Title		J No
	Print/Type preparer's n		arer's signature	Date , Check X If	PTIN ,	
	21 - Francisco	7	J # 3 1	2/22/12 self-employed	•	
Paid	JAMES H. E	BRUMBAUGH	Jan 1	4713	P01423935	
Prepa			AUGH, CPA	Firm's EIN ▶ 2.2		
Use	1	TO II ONOMBE	IOUII, CIA	FIISH S ENV P 22	2130000	

203-966-2614 Form **990-PF** (2011)

Firm's address ► 112 MAIN STREET

NEW CANAAN, CT 06840

Phone no.

FORM 990-PF	INTEREST	ON SAVINGS	AND	TEMPORARY	CASH	INVESTMENTS	STATEMENT	1
SOURCE							AMOUNT	
HP MONEY MAR	KET							23.
TOTAL TO FOR	M 990-PF,	PART I, LI	NE 3	, COLUMN A				23.

FORM 990-PF	INCOME AND COST OF GOODS SOLD INCLUDED ON PART I, LINE 10		STATEMENT
INCOME			
1. GROSS RECEIPTS 2. RETURNS AND ALLOWAN 3. LINE 1 LESS LINE 2	ICES	13,591	13,59
	(LINE 15)	1,636	11,95
•	INES 5 AND 6)		11,95
8. INVENTORY AT BEGINN 9. MERCHANDISE PURCHAS 10. COST OF LABOR 11. MATERIALS AND SUPPL 12. OTHER COSTS 13. ADD LINES 8 THROUGH 14. INVENTORY AT END OF 15. COST OF GOODS SOLD	ED	1,636	1,63

				<del></del>
FORM 990-PF COST	OF GOODS S	SOLD - OTHER C	OSTS	STATEMENT 3
DESCRIPTION				AMOUNT
BOOKS AND DVDS			_	1,636.
TOTAL OTHER COSTS			=	1,636.
FORM 990-PF	OTHER	INCOME		STATEMENT 4
DESCRIPTION		(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
WORKSHOP INCOME	_	589.	0.	589.
TOTAL TO FORM 990-PF, PART I,	, LINE 11 =	589.	0.	589.
FORM 990-PF	ACCOUNT	TING FEES		STATEMENT 5
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME		
ACCOUNTING	750	0.	• 750	. 0.
TO FORM 990-PF, PG 1, LN 16B	750	0	750	. 0.
FORM 990-PF (	OTHER PROFE	ESSIONAL FEES		STATEMENT 6
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME		(D) CHARITABLE PURPOSES
CONSULTANT	7,584	0	. 7,584	. 0.
TO FORM 990-PF, PG 1, LN 16C	7,584	0	. 7,584	. 0.
=				<del></del>

STATEMENT

8

FORM 990-PF	OTHER E	XPENSES	STATEMENT 7		
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
WORKSHOP EXPENSES EMAIL SERVICE PAYPAL FEES POSTAGE AND SHIPPING WEBSITE MAINTENANCE	480. 251. 395. 6. 102.	0. 0. 0. 0.	480. 251. 395. 3. 102.	0. 0. 0. 3.	
TO FORM 990-PF, PG 1, LN 23	1,234.	0.	1,231.	3.	

SUMMARY OF DIRECT CHARITABLE ACTIVITIES

#### ACTIVITY ONE

FORM 990-PF

ZAGREB, CROATIA-PRIOR YEAR SPONSORED EVENT-USED PUBLICICATIONS AND GUEST SPEAKERS TO EDUCATE THE PUBLIC ABOUT THE USE OF BIOENERGETIC ANALYSIS IN PSYCHOLOGY AND PSYCHOTHERAPY

TO FORM 990-PF, PART IX-A, LINE 1 480.