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SCANNED WAR 24 2014

Return of Private Foundation or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation

OMB No 1545-0052

		t of the Treasury venue Service	<u>N</u>	ote. The fou	ndation may	be able to us	е а сору	of this	return to sati	sfy state repo	rtın <u>g</u> req	uire <u>m</u> ents.	•	Open to public	Inspection
For	calen	ndar year 2012 o			DEC		012		, and e			30,			
Nar	ne of	foundation									A Emp	loyer iden	tification	number	
Т	ΗE	ALEXANI	DER L	OWEN	FOUNDA	TION	INC				1				
С	0/	F. L.	LOWE	EN							20	-592	6191		
Nun	nber a	and street (or PO bo	x number r	f mail is not de	livered to street	address)				Room/suite	B Telen	hone num	ber		
1	85	2 TEXAS	HILL	ROAD								2-48		13	
		own, state, and Z								L_=				ending, check here	
_		ESBURG,		05461							5.26.	npuon appu	ю.	onang, aroat nat	
		all that apply:	$\overline{\Box}$	Initial return		lnı	tial return	of a fo	ormer public o	harity	D 1 Fo	reian oraș	anizations	s, check here	
•		· u u.u.upp.y.	一声	Final return			nended re		,,,,,o, pabilo (,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		roigii orga			
				Address ch		=	me chan				2. Fo	reign organi	zations me	eting the 85% test, emputation	
H C	heck	type of organiza	tion:		n 501(c)(3) ex						1			•	,
<u> </u>	_	ction 4947(a)(1)				Other taxab			ition					tus was terminat)(A), check here	.ed
L Fa	_	arket value of all a							Accr	nal	3				
		Part II, col (c), I		ilu oi yoai		ther (specify		Oasii	Acci	uai				60-month termin	ation
(** •		rantin, con (c), i	116 10)	3 316	(Part I, colu			cash I	hasis I		unue	i secuon a	(ו)(טייטכ)(B), check here	
	rt I	Analysis of Re									 			(d) Disburse	
LFS		(The total of amounecessarily equal	ınts ın colu	mns (b), (c), an-	d (d) may not		venue an es per bo			vestment ome	(c)	Adjusted) Income	net	for charitable p	purposes
	•				``			81.			 	-		(cash basis	only)
	,	Contributions, g			-			91.			}			 	<u> </u>
		Check X if	the foundation and tempo	n is not required to oracy	attach Sch B	ļ		13.		12	 		12	CONTRACT	NO 1
	3				· .	<u> </u>		T3.		13.	 		13.	STATEME	MT I
	4	Dividends and ii	nterest fro	m securities	REC	E IVE		-, 						,	
		Gross rents		1		FIAP	<u> </u>	#						ļ	
		Net rental income of	· · · -								 -			 	
ā	6a	Net gain or (loss) fr Gross sales price f		assets not 🙃	ine 10 WAK	<u>9-2014</u>	ြုလှ							ļ	
Ę	þ	assets on line 6a	٠		<u></u>		<u> </u>	!							
Revenue	7			1	OGD	-N 11-				0.	ļ			ļ	
_	8	Net short-term o	. •	n _	The Real Property lies, the Re						<u> </u>		0.	ļ	
	9	Income modifications Gross sales less re			7 420	ļ					 _			(m) mn) (n)	
	10a	and allowances			7,432.									STATEME	
		Less Cost of good			6,621.		100	44-			_	- 10	011	STATEME	NT 3
		Gross profit or ((loss)				10,8				<u> </u>	10,	811.		3 m 4
	11	Other income			-	<u> </u>	11 -	20.		0.		1.0		STATEME	N'1" 4
	12	Total. Add lines	<u>~</u>				11,5			13.		10,	844.	.	
	13	Compensation of o			, etc			_0.		0.			0.	ļ	0.
		Other employee		-										↓	
တ္		Pension plans,	employee	benefits	3.600 E			- -					125	ļ	
use		Legal fees	-		MT 5	<u> </u>	1,1			0.			135.		0.
Operating and Administrative Expenses		Accounting fees			MT 6	<u> </u>		85.		0.	 		785.		0.
ũ		Other profession	nal fees	ST	MT 7		9,0	02.		1,000.	├	8,	002.		0.
¥		Interest	-		-	ļ								ļ	
tra	18	Taxes		•	-	<u> </u>								<u> </u>	
ij	19	Depreciation an	d depletio	n		<u> </u>					ļ		000	ļ.—	
튭	20	Occupancy					6,9	00.		0.		6,	900.	<u> </u>	0.
ΨÞ	21	Travel, conferen	-	-			1,2			0.	ļ <u>.</u>	<u> </u>	292.		0.
ĕ	22	Printing and pul						55.		0.	<u> </u>		55.		0.
ing	23	Other expenses	_	• •	MT 8		3,1	71.		0.	<u> </u>	3,	159.		11.
rati	24	Total operating					00 -							1	,
Ž		expenses. Add	,				22,3			1,000.	L	21,	328.	1	11.
J	25	Contributions, g						0.		 	<u> </u>				0.
	26	Total expenses		ursements.		-					1				_
	L_	Add lines 24 an					22,3	40.		1,000.		21,	328.	L	11.
_	27	Subtract line 26	from line	: 12:	_										
	a	Excess of revenue	over expen	ses and disbu	rsements	<	10,8	15.	>		<u></u>			L	
	b	Net investment	income (if negative, ent	er -0-)					0.					
	c	Adjusted net in	come (if no	egative, enter	-0-)								0.		

Form 990-PF (2012)

C/O F. L. LOWEN

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Б	art	Balance Sheets Attached schedules and amounts in the description	Beginning of year	End o	
	24 F	column should be for end-of-year amounts only	(a) Book Value	(b) Book Value	(c) Fair Market Value
	1	Cash - non-interest-bearing	11,114.	344.	344.
	2	Savings and temporary cash investments	3,017.	2,972.	2,972.
	3	Accounts receivable			
		Less: allowance for doubtful accounts			
	4	Pledges receivable ▶			
		Less: allowance for doubtful accounts			
	5	Grants receivable			
	6	Receivables due from officers, directors, trustees, and other			
		disqualified persons			_
	7	Other notes and loans receivable			.'
		Less: allowance for doubtful accounts			
ts	8	Inventories for sale or use			
Assets	9	Prepaid expenses and deferred charges			<u> </u>
ĕ	10a	Investments - U.S. and state government obligations			
	b	Investments - corporate stock			
	C	Investments - corporate bonds			
	11	Investments - land, buildings, and equipment basis			
		Less accumulated depreciation		And an annual of the same	
	12	Investments - mortgage loans			
	13	Investments - other			
	14	Land, buildings, and equipment basis			;
		Less accumulated depreciation			
	15	Other assets (describe ▶)			
	16	Total assets (to be completed by all filers)	14,131.	3,316.	3,316.
	17	Accounts payable and accrued expenses			
	18	Grants payable			}
S	19	Deferred revenue			
Liabilities	20	Loans from officers, directors, trustees, and other disqualified persons			(
iabi	21	Mortgages and other notes payable			1
L	22	Other liabilities (describe)			1
					,
	23	Total liabilities (add lines 17 through 22)	0.	0.	;
		Foundations that follow SFAS 117, check here			
S		and complete lines 24 through 26 and lines 30 and 31.	}		:
	24	Unrestricted			•
lar	25	Temporarily restricted			
18	26	<u> </u>			1
Š		Foundations that do not follow SFAS 117, check here	•		,
Ţ.		and complete lines 27 through 31.	1	•	,
ts c	27	Capital stock, trust principal, or current funds	0.	0.	
Net Assets or Fund Balance	28	Paid-in or capital surplus, or land, bldg., and equipment fund	0.	0.	1
Ä	29	Retained earnings, accumulated income, endowment, or other funds	14,131.	3,316.	
Ž	30	Total net assets or fund balances	14,131.	3,316.	
			14 121	2 246	
_	31	Total liabilities and net assets/fund balances	14,131.	3,316.	
P	art	III Analysis of Changes in Net Assets or Fund E	Balances		
1	Tota	I net assets or fund balances at beginning of year - Part II, column (a), line	30		<u> </u>
		st agree with end-of-year figure reported on prior year's return)		1	14,131.
2	•	r amount from Part I, line 27a		2	<10,815.>
		r increases not included in line 2 (itemize)	•-	3	0.
		lines 1, 2, and 3		4	3,316.
		reases not included in line 2 (itemize)		5	0.
		I net assets or fund balances at end of year (line 4 minus line 5) - Part II, c	olumn (b), line 30	. 6	3,316.
_					Form 000 DE (2012)

C/O F. L. LOWEN

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Part IV Capital Gains and Losses for Tax on Investment Income											
(a) List and descr 2-story brick wai	(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)				I. b	How acquired - Purchase - Donation	(c) (n	Date acquired no., day, yr.)	(d) Date sold (mo., day, yr.)		
1a											
b NOI	1E										
С							ļ		<u> </u>		
<u>d</u>					<u> </u>		—		[
<u>e</u>					Ц,		<u> </u>		<u> </u>		
(e) Gross sales price	(1) [Depreciation allowed (or allowable)		st or other basis expense of sale		(h) Gain or (loss) (e) plus (f) minus (g)					
a					ļ						
<u>b</u>											
C											
<u>d</u>					╌┤						
e Complete only for assets showin	a dain in i	column (h) and owned by t	he foundation	n n 12/31/69	\dashv		(I) Gai	ıns (Col. (h) gaın	minue		
Complete only for assets showing		(j) Adjusted basis		(cess of col. (1)				, but not less tha			
(i) F.M.V. as of 12/31/69		as of 12/31/69		col. (j), if any	_	 		sses (from col. (
<u>a</u>											
<u>b</u>					_						
<u>C</u>											
d									 		
e					- -						
2 Capital gain net income or (net ca	pital loss)	If gain, also enter If (loss), enter -0-			}	2					
3 Net short-term capital gain or (los	s) as defi	ned in sections 1222(5) an	d (6):		_ \						
If gain, also enter in Part I, line 8,	column (d	c).			\rightarrow						
If (loss), enter -0- in Part I, line 8	-da- 6	ection 4940(e) for	Doduces	Tow on Not		3					
							ncon	ne	37/3		
(For optional use by domestic private	foundation	ons subject to the section 4	1940(a) tax on	ı net investment ir	icome	∋.)			N/A		
If section 4940(d)(2) applies, leave th	ıs part bla	ank.									
	4040			Ab - b	40						
Was the foundation liable for the sect					rioa?	-	-	-	Yes No		
If "Yes," the foundation does not qual 1 Enter the appropriate amount in e					ntries						
(a)	4011 00101	(b)	0	loro making any o	(c)	(d)					
Base periód years Calendar year (or tax year beginnir	na in)	Adjusted qualifying dist	ributions	Net value of no			ets	Distribution ratio (col. (b) divided by col. (c))			
2011	9/						-+	(cor. (n) divided by cor. (c))			
2010											
2009							- +				
2008											
2007							$\neg \neg$				
2 Total of line 1, column (d)					_			2			
3 Average distribution ratio for the 5	5-year bas	se period - divide the total c	on line 2 by 5,	or by the number	of ye	ars	Γ				
the foundation has been in exister	ice if less	than 5 years						3			
							Γ				
4 Enter the net value of noncharitab	le-use as:	sets for 2012 from Part X, I	ine 5	-			L	4			
							1				
5 Multiply line 4 by line 3						-	-	5			
6 Enter 1% of net investment incom	ıe (1% of	Part I, line 27b)				-		6			
7 Add lines 5 and 6								7			
8 Enter qualifying distributions from	ı Part XII,	line 4	_					8			
If line 8 is equal to or greater than See the Part VI instructions.			1b, and comp	plete that part usir	ng a 1	% tax rate.	_				
333 5.5 . 415 11 1104 40401101											

Form 9	990-PF,(2012) C/O F. L. LOWEN			5926			Page 4
Par		or 4	948	- see ii	nstru	ctio	ns)
	exempt operating foundations described in section 4940(d)(2), check here 🕨 🗶 and enter "N/A" on line 1.						į
	Date of ruling or determination letter: $\frac{11/06/06}{}$ (attach copy of letter if necessary-see instructions)		<i>~</i> .	_			'
ÞΩ	Domestic foundations that meet the section 4940(e) requirements in Part V, check here 🕒 📖 and enter 1%	•	1		N/	<u>A</u>	
	of Part I, line 27b			}			:
c A	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b). 🗦						
	Fax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	Ļ			
	Add lines 1 and 2		3				
4 5	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	Ļ			
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5				0.
6 (Credits/Payments:						į
	2012 estimated tax payments and 2011 overpayment credited to 2012	_	1	Ì			
	Exempt foreign organizations - tax withheld at source 6b]			ļ
c 7	Fax paid with application for extension of time to file (Form 8868)		1	1			1
d E	Backup withholding erroneously withheld 6d				٠		ل ا
	Total credits and payments. Add lines 6a through 6d		7				0.
	Enter any penalty for underpayment of estimated tax. Check here if Form 2220 is attached		8_				
	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		9_	<u> </u>			0.
	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid		10				
	Inter the amount of line 10 to be: Credited to 2013 estimated tax	ed 🕨	_11	L			
	t VII-A Statements Regarding Activities					14	
	During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or in	ervene	ın			Yes	
	any political campaign?	٠.			1a		X
	Old it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definitions)				1b	- = -	X
	If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials p	ublish	ed or			ļ '	
	distributed by the foundation in connection with the activities.						X
	Did the foundation file Form 1120-POL for this year?		-		1c		A
	Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year:	Λ				•	
	(1) On the foundation. ▶ \$ 0 • (2) On foundation managers. ▶ \$	0.	•				! '
	Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers.	n					
							x
	Has the foundation engaged in any activities that have not previously been reported to the IRS?				2		<u> </u>
	if "Yes," attach a detailed description of the activities.	otion c					,
	Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorpor bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes	ativii, t	"		3	~-	X '
	Did the foundation have unrelated business gross income of \$1,000 or more during the year?	-		-	4a		X
	if "Yes," has it filed a tax return on Form 990-T for this year?		N	/A	4b		
	Was there a liquidation, termination, dissolution, or substantial contraction during the year?			,	5		х
	If "Yes," attach the statement required by General Instruction T.			·	-		 -
	Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either:						l :
	By language in the governing instrument, or						
	 By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with t 	ne state	law				
	remain in the governing instrument?				_ 6	X	
7 1	Did the foundation have at least \$5,000 in assets at any time during the year?		•		7	X	
	If "Yes," complete Part II, col. (c), and Part XV.	٠					,
	Enter the states to which the foundation reports or with which it is registered (see instructions)						
	CT						ļ
ь i	If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate)						
	of each state as required by General Instruction G? If "No," attach explanation				8b	X	
	is the foundation claiming status as a private operating foundation within the meaning of section $4942(j)(3)$ or $4942(j)(5)$	for cale	ndar				
	year 2012 or the taxable year beginning in 2012 (see instructions for Part XIV)? If "Yes," complete Part XIV				9	X	
	Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresse				10		X

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Pa	rt VII-A Statements Regarding Activities (continued)				
11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of				
	section 512(b)(13)? If "Yes," attach schedule (see instructions)	ļ	11	,	X
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory	privileges?			
	If "Yes," attach statement (see instructions)		12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application?		13	Х	
	Website address WWW.LOWENFOUNDATION.ORG	,			
14	The books are in care of FREDERIC LOWEN Telephone no.	▶802-42	8-4	113	
	Located at ▶ 1852 TEXAS HILL ROAD, HINESBURG, VT	ZIP+4 ▶05			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here				
	and enter the amount of tax-exempt interest received or accrued during the year	15	N	/A	
16	At any time during calendar year 2012, did the foundation have an interest in or a signature or other authority over a bank,	<u> </u>		Yes	No
	securities, or other financial account in a foreign country?	ļ	16		X
	See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign	• •			
	country	1			1
Pa	art VII-B Statements Regarding Activities for Which Form 4720 May Be Required				·
	File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.			Yes	No
1a	During the year did the foundation (either directly or indirectly):	ł			
		es X No			1
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from)				1
		es X No			1
		es X No	-		i
		res X No			1
	(5) Transfer any income or assets to a disqualified person (or make any of either available				į
		res X No		-	4
	(6) Agree to pay money or property to a government official? (Exception. Check "No"	00 (25) 100			:
	if the foundation agreed to make a grant to or to employ the official for a period after				1
		es X No			
,	of the answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations	65 [21] 110	ĺ		i
٠	section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)?	N/A	16		~!
	Organizations relying on a current notice regarding disaster assistance check here	. N/	10		
,	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected	الليا			
•	before the first day of the tax year beginning in 2012?	1	 1c		X
0			16		
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation				;
	defined in section 4942(j)(3) or 4942(j)(5)): At the end of try year 2013, did the foundation have any underly hyter try year(a) because				
è	that the end of tax year 2012, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning the force 20122	riy /es 🗓 No			
	· · · · · · · · · · · · · · · · · · ·	es A NO	l		
	If "Yes," list the years , , , ,]
	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect		1		,
	valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attac	N/A	٠.	-	د.
_	statement - see instructions.)	N/A	2b_		 ,
(If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here.				i
•	Data for data but described a 20% described and a state of the state o				
38	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time	ا د لاک س			
	•	es X No			,
ı	olf "Yes," did it have excess business holdings in 2012 as a result of (1) any purchase by the foundation or disqualified persons a				
	May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to				
	of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule		ا ا	-	د
_	Form 4720, to determine if the foundation had excess business holdings in 2012.)	N/A	3b		
	a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?		4a		X
1	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpos	e that			
	had not been removed from jeonardy before the first day of the tay year beginning in 20122		i Ah		ΙX

THE ALEXANDER LOWEN FOUNDATION INC C/O F. L. LOWEN

Form 990-PF (2012) C/O F. L. LOWEN			20-59261	91 Page 6
Part VII-B Statements Regarding Activities for Which I	orm 4720 May Be I	Required (continu	ued)	
5a During the year did the foundation pay or incur any amount to:				
(1) Carry on propaganda, or otherwise attempt to influence legislation (section			es X No	
(2) Influence the outcome of any specific public election (see section 4955); o	r to carry on, directly or indire			-
any voter registration drive?		Ye	s X No	4 1
(3) Provide a grant to an individual for travel, study, or other similar purposes'	? .	Ye	s X No	
(4) Provide a grant to an organization other than a charitable, etc., organization		ĺ		
509(a)(1), (2), or (3), or section 4940(d)(2)?		Ye	es X No	
(5) Provide for any purpose other than religious, charitable, scientific, literary,	or educational purposes, or f	for	Ì	i
the prevention of cruelty to children or animals?	• •	Ye	s X No	
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify und	der the exceptions described	ın Regulations	ì	
section 53.4945 or in a current notice regarding disaster assistance (see instru		· ·	N/A	5b
Organizations relying on a current notice regarding disaster assistance check h		•	▶□ □	
c If the answer is "Yes" to question 5a(4), does the foundation claim exemption fr		ined		
expenditure responsibility for the grant?			s No	
If "Yes," attach the statement required by Regulations section 53.494	•			
6a Did the foundation, during the year, receive any funds, directly or indirectly, to	• •		ĺ	
a personal benefit contract?	pay promisino on		s X No	
b Did the foundation, during the year, pay premiums, directly or indirectly, on a p	ersonal hanafit contract?		· I	6b X
If "Yes" to 6b. file Form 8870.	orsonar ponont contact.	•	}	**
7a At any time during the tax year, was the foundation a party to a prohibited tax s	helter transaction?		s X No	
b if "Yes," did the foundation receive any proceeds or have any net income attribu		, re		7b
Information About Officers Directors Trust		nagere Highly		<u> </u>
Part VIII Paid Employees, and Contractors	ccs, i oundation Mc	magers, mgm	•	
1 List all officers, directors, trustees, foundation managers and their	compensation.			
	(b) Title, and average hours per week devoted	(c) Compensation	(d) Contributions to employee benefit plans and deferred	(e) Expense account, other
(a) Name and address	to position	(If not paid, enter -0-)	and deferred compensation	allowances
FREDERIC LOWEN	DIRECTOR	<u> </u>		
1852 TEXAS HILL ROAD				
HINESBURG, VT 05461	25.00	0.	0.	0.
	DIRECTOR	<u> </u>		
1852 TEXAS HILL ROAD	:			
HINESBURG, VT 05461	10.00	0.	0.	0.
	DIRECTOR			
11E BROADWAY - SUITE 9B				
NEW YORK, NY 10038	1.00	0.	0.	0.
		-		
2 Compensation of five highest-paid employees (other than those inc	luded on line 1). If none,	enter "NONE."		
, N	(b) Title, and average		(d) Contributions to	(e) Expense
(a) Name and address of each employee paid more than \$50,000	hours per week devoted to position	(c) Compensation	employee benefit plans and deferred compensation	account, other allowances
NONE			compensation	
	•	}		
		(
		<u> </u>		
		1 1		
				-
Total number of other employees paid over \$50,000	·		. ▶	0

Form 990-PF.(2012) C/O F. L. LOWEN 20	-5926191	Page 7_
Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)		
3 Five highest-paid independent contractors for professional services. If none, enter "NONE."		
(a) Name and address of each person paid more than \$50,000 (b) Type of service	(c) Cc	mpensation
NONE		
Total number of others receiving over \$50,000 for professional services	>	0
Part IX-A Summary of Direct Charitable Activities		
List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expens	ses
1	_	
SEE STATEMENT 9		1,292.
2		
3		
4	-	
		···
Part IX-B Summary of Program-Related Investments Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.		
1 N/A	Amou	<u> </u>
1 M/A	_	
2		
All other program-related investments. See instructions.	 	
3		
Total. Add lines 1 through 3		0.

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C/O F. L. LOWEN

P	art X Minimum Investment Return (All domestic foundations must complete this part. Foreign fou	ndations, see	instructions.)
1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
а	Average monthly fair market value of securities	1a	0.
b	Average of monthly cash balances	1b	3,285.
C	Fair market value of all other assets	10	
d	Total (add lines 1a, b, and c)	1d	3,285.
е	Reduction claimed for blockage or other factors reported on lines 1a and		
	1c (attach detailed explanation) 1e 0 •	1 1	
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	3,285.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	49.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	3,236.
6	Minimum investment return. Enter 5% of line 5	6	162.
P	art XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations are foreign organizations check here X and do not complete this part.)	nd certain	
1	Minimum investment return from Part X, line 6	1	
2a	Tax on investment income for 2012 from Part VI, line 5) i	
b	Income tax for 2012. (This does not include the tax from Part VI.)		
C	Add lines 2a and 2b	2c	
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	
4	Recoveries of amounts treated as qualifying distributions	4	
5	Add lines 3 and 4	5	
6	Deduction from distributable amount (see instructions)	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	
P	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
•		 1a	11.
a	Expenses, contributions, gifts, etc total from Part I, column (d), line 26 Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
	Suitability test (prior IRS approval required)	3a	
	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	11.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment	-	
J	Income. Enter 1% of Part I, line 27b	5	0.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	
•	Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation of		
	4940(e) reduction of tax in those years.	damines ini nie :	ogGuUII

Form **990-PF** (2012)

Part XIII Undistributed Income (see	instructions)	N/A		
	(a)	(b)	(c)	(d)
	Corpus	Years prior to 2011	2011	2012
1 Distributable amount for 2012 from Part XI,	-			
line 7	·····			
2 Undistributed income, if any, as of the end of 2012				
a Enter amount for 2011 only				
b Total for prior years:				
3 Excess distributions carryover, if any, to 2012:				
a From 2007				
b From 2008				
c From 2009		1		
dFrom 2010		ì		
e From 2011				
f Total of lines 3a through e				
4 Qualifying distributions for 2012 from	·			
Part XII, line 4: ▶\$				
a Applied to 2011, but not more than line 2a				
b Applied to undistributed income of prior				
years (Election required - see instructions)				
c Treated as distributions out of corpus				
(Election required - see instructions)				
d Applied to 2012 distributable amount				
e Remaining amount distributed out of corpus				
5 Excess distributions carryover applied to 2012				
(If an amount appears in column (d), the same amount must be shown in column (a))				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5				
b Prior years' undistributed income. Subtract				
line 4b from line 2b		1		
c Enter the amount of prior years'				
undistributed income for which a notice of				
deficiency has been issued, or on which the section 4942(a) tax has been previously				
assessed				
d Subtract line 6c from line 6b. Taxable				
amount - see instructions				L
e Undistributed income for 2011. Subtract line				
4a from line 2a. Taxable amount - see instr.				
f Undistributed income for 2012. Subtract				
lines 4d and 5 from line 1. This amount must				
be distributed in 2013				<u> </u>
7 Amounts treated as distributions out of				
corpus to satisfy requirements imposed by		1		
section 170(b)(1)(F) or 4942(g)(3)				
8 Excess distributions carryover from 2007				
not applied on line 5 or line 7		1		
9 Excess distributions carryover to 2013.				
Subtract lines 7 and 8 from line 6a		1		
10 Analysis of line 9:				
a Excess from 2008]		
b Excess from 2009		1		
c Excess from 2010				
dExcess from 2011				
e Excess from 2012				

THE ALEXANDER LOWEN FOUNDATION INC Form 990-PF (2012) F. L. LOWEN C/0 20-5926191 Page 10 Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9) 1 a If the foundation has received a ruling or determination letter that it is a private operating 11/06/06 foundation, and the ruling is effective for 2012, enter the date of the ruling X 4942(1)(3) or b Check box to indicate whether the foundation is a private operating foundation described in section 4942(1)(5) Prior 3 years Tax vear 2 a Enter the lesser of the adjusted net (a) 2012 (b) 2011 (c) 2010 (d) 2009 (e) Total income from Part I or the minimum investment return from Part X for 1,395. 109 each vear listed 0 400 886 0 340 753 93. 1,186. **b** 85% of line 2a c Qualifying distributions from Part XII, 11 3 13,026 15,579 28,619. line 4 for each year listed d Amounts included in line 2c not used directly for active conduct of 0 0 0 0 0. exempt activities e Qualifying distributions made directly for active conduct of exempt activities. 11 3 15,579 Subtract line 2d from line 2c 13,026 28,619. Complete 3a, b, or c for the alternative test relied upon; a "Assets" alternative test - enter. 0. (1) Value of all assets (2) Value of assets qualifying under section 4942(j)(3)(B)(i) 0. b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6 for each year 108 267 591 815 1,781. listed c "Support" alternative test - enter: (1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 0. 512(a)(5)), or royalties) (2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii) (3) Largest amount of support from 0. an exempt organization (4) Gross investment income Part XV | Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see instructions.) Information Regarding Foundation Managers: a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).) b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest. NONE Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs: Check here 🕨 🗶 if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number or e-mail of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:									
c Any submission deadlines:									

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

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F. L. LOWEN C/0

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Part XV Supplementary Information (continued) Grants and Contributions Paid During the Year or Approved for Future Payment If recipient is an individual, show any relationship to any foundation manager or substantial contributor Purpose of grant or contribution Foundation Amount status of Name and address (home or business) recipient a Paid during the year NONE Total → 3a 0. b Approved for future payment NONE Total

F. L. LOWEN

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Part XVI-A Analysis of Income-Producing Activities

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223621 12-05-12

F-len areas are an in the second and a second areas are a second are a second areas	1 Unrelate	d business income	Exch	ded by section 512, 513, or 514	7.
Enter gross amounts unless otherwise indicated. 1 Program service revenue:	(a) Business code	(b) Amount	(C) Exclu- sion code	(d) Amount	(e) Related or exempt function income
a WORKSHOP INCOME					20.
b			 		
C			_		
d			<u> </u>		
e					
1					
g Fees and contracts from government agencies					
2 Membership dues and assessments					
3 Interest on savings and temporary cash					
investments	11				13.
4 Dividends and interest from securities					
5 Net rental income or (loss) from real estate:					
a Debt-financed property					
b Not debt-financed property					
6 Net rental income or (loss) from personal					
property	ļl		<u> </u>		
7 Other investment income				<u> </u>	
8 Gain or (loss) from sales of assets other	} }		}		
than inventory					
9 Net income or (loss) from special events	}		<u> </u>		40.044
10 Gross profit or (loss) from sales of inventory	L		<u> </u>		10,811.
11 Other revenue:	1)		
a	ļ		<u> </u>		
b	\	 	.		<u> </u>
C	ļ		<u> </u>	·	
d	ļ		<u> </u>		· · · · · · · · · · · · · · · · · · ·
6			<u> </u>		10 044
12 Subtotal. Add columns (b), (d), and (e)	L	0.		0.	10,844. 10,844.
13 Total. Add line 12, columns (b), (d), and (e)	•			. 13	10,044.
(See worksheet in line 13 instructions to verify calculations.)					
Part XVI-B Relationship of Activities t					
Line No. Explain below how each activity for which inco			contri	outed importantly to the accor	nplishment of
1A THE ALEXANDER LOWEN FO	UNDATIO	N INC. WAS	FOR	MED EXCLUSIVE	LY FOR
CHARITABLE AND EDUCATION					
EDUCATING THE GENERAL					
IN PSYCHOLOGY AND PSYC	HOTHERA	PY. THROUGH	THE	DISSEMINATIO	N OF
PUBLICATIONS, HOSTING	OF SEMI	NARS AND RES	EAR	CH ACTIVITIES	, THE
FOUNDATION WILL FURTHE	R THE A	WARENESS, US	E A	ND APPLICABIL	ITY OF
BIOENERGETIC ANALYSIS.					ILL BE
PROVIDED THROUGH PRIVA					
AND DONATIONS ASSOCIAT	ED WITH	PARTICIPATI	ON	OF FOUNDATION	-SPONSORED
EVENTS.					
				··	

Form 990-PF (2		F. L. LOW				20-5926			ige 13
Part XVII	Information Re Exempt Organ		sfers To a	and Transactions	and Relations	hips With Nonchar	itabl	е	
1 Did the or			of the followin	g with any other organization	on described in section	on 501(c) of	Γ-	Yes	No
the Code (other than section 501(c))(3) organizations) oi	r in section 52	7, relating to political organ	nzations?		ļ		-
a Transfers	from the reporting founda	ation to a noncharitat	ole exempt or	ganization of:			_	.	ا ا
(1) Cash					-		1a(1)		X
(2) Other	assets				-		1a(2)		X
b Other tran							1		
	of assets to a noncharital				•		1b(1)		X
	ases of assets from a no	•	rganization				1b(2)	<u> </u>	X
	l of facilities, equipment,			-		-	1b(3)		X
	bursement arrangements						1b(4)		X
• •	s or loan guarantees	ambarahin ar fundrais	waa aaliaitatia		-	• -	1b(5)		X
	rmance of services or me			· ·	•		1b(6)	-	X
-	facilities, equipment, ma	-	•		wave chow the fair m	narket value of the goods, o		L	
						or sharing arrangement, st		sets,	
	l) the value of the goods,			ou 1035 than han market van	ac in any danoaction	or snaring arrangement, or	1044 111		
(a)Line no	(b) Amount involved			exempt organization	(d) Description	of transfers, transactions, and s	haring ar	rangeme	nts
\	(-),	(5)	N/A		(-)				
	· · · · · · · · · · · · · · · · · · ·				 				
				 					
									
				 .					
		ļ							
						· · · · · · · · · · · · · · · · · · ·			
On Jatha favo	datan danahir or adam	the officer of with on a	aloted to one						
				or more tax-exempt organi	zations described		7 v	v] No
	501(c) of the Code (other	• •	(3)) OF III SECT	JUII 327 ?		L	Yes	LA	טאו נ
to it res, co	emplete the following schi (a) Name of org			(b) Type of organization		(c) Description of relationsh	ın		
	N/A	Jun 201011		(b) type of organization	 	y Book paon of Toladonon	<u></u>		
					 				
					 				
					1				
				ng accompanying schedules and			the IRS	discuss	his
Sign and be	elief, it is true, correct, and cor	mplete Declaration of pro	eparer (other tha	n taxpayer) is based on all inform	nation of which preparer	retur	n with th	e prepar	er
Here	Muleur	3 forke	1 //K	Joh 3/4/2019			Yes		No
Sign	fature of officer or trustee		Υ	Date (Title				
	Print/Type preparer's na	ame	Preparer's s	ignature	Date	Check X If PTIN			
.			1/1/	9/	13/4/14	self- employed			
Paid		RUMBAUGH			1 1 1 1		423		
Preparer	Firm's name ► JAM	ιĘS Η. BRU	MBAUGH	, CPA		Firm's EIN ► 22-31	.388	68	
Use Only	Fumin address 5 4 4	0 MATE (700	DEE		····	 			
	Firm's address > 11			940		202 0		261	
	l NE	W CANAAN,	CT Ub	040		Phone no. 203-9			
						For	m 99 0)-PF (2012)

FORM '990-PF	INTEREST	ON SA	VINGS	AND	TEMPORARY	CASH	INVESTMENTS	STATEMENT	1
SOURCE								AMOUNT	
HP MONEY MAR	KET								13.
TOTAL TO FOR	M 990-PF,	PART	I, LIN	ΙΕ 3,	COLUMN A				13.

FORM '990-PF	INCOME AND COST OF GOODS SOLD INCLUDED ON PART I, LINE 10		STATEMENT	2		
INCOME						
1. GROSS RECEIPTS 2. RETURNS AND ALLOWAN 3. LINE 1 LESS LINE 2		17,432	17,43	32		
4. COST OF GOODS SOLD 5. GROSS PROFIT (LINE	(LINE 15)	6,621	10,81	 L1		
6. OTHER INCOME		-	·			
7. GROSS INCOME (ADD I	LINES 5 AND 6)	=	10,81	L1 —		
8. INVENTORY AT BEGINM 9. MERCHANDISE PURCHAS 10. COST OF LABOR 11. MATERIALS AND SUPPI 12. OTHER COSTS 13. ADD LINES 8 THROUGH	GED	6,621	6,62	_		

FORM '990-PF COST	OF GOODS	SOLD - OTHER (COSTS	STATEMENT 3
DESCRIPTION				AMOUNT
BOOKS AND DVDS			_	6,621.
TOTAL OTHER COSTS			=	6,621.
FORM 990-PF	OTHER	INCOME		STATEMENT 4
DESCRIPTION		(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
WORKSHOP INCOME		20	. 0.	20.
TOTAL TO FORM 990-PF, PART I,	, LINE 11	20	0.	20.
FORM 990-PF	LEG	AL FEES		STATEMENT 5
DESCRIPTION	(A) EXPENSES PER BOOK			
LEGAL FEES	1,13	5.	0. 1,135	5. 0.
TO FM 990-PF, PG 1, LN 16A =	1,13	5.	0. 1,135	5. 0.
FORM 990-PF	ACCOUN	TING FEES		STATEMENT 6
DESCRIPTION	(A) EXPENSES PER BOOK			(D) CHARITABLE PURPOSES
ACCOUNTING	78	5.	0. 785	5. 0.
TO FORM 990-PF, PG 1, LN 16B 78		5.	0. 785	5. 0.

FORM '990-PF C	THER PROFES	SIONAL FEES	STATEMENT 7		
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
CONSULTANT CONSULTANT OFFICE	8,002. 1,000.	0.	8,002.	0.	
TO FORM 990-PF, PG 1, LN 16C	9,002.	1,000.	8,002.	0.	
FORM 990-PF	OTHER E	XPENSES	STATEMENT 8		
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
WORKSHOP EXPENSES PUBLISHING FEES BANK AND PAYPAL FEES POSTAGE WEBSITE MAINTENANCE TELEPHONE	819. 1,174. 438. 22. 640. 78.	0. 0. 0. 0.	819. 1,174. 438. 11. 640. 77.	0. 0. 0. 11. 0.	
TO FORM 990-PF, PG 1, LN 23	3,171.	0.	3,159.	11.	

SUMMARY OF DIRECT CHARITABLE ACTIVITIES

ACTIVITY ONE

FORM 990-PF

PRESENTATION TO THE PARTICIPANTS OF THE CONFERENCE OF THE INTERNATIONAL INSTITUTE OF BIOENERGETIC ANALYSIS, SICILY, ITALY IN MAY, AND WITH THE EXECUTIVE COMMITTEE OF THE SOUTHERN CALIFORNIA INSTITUTE OF BIOENERGETIIC ANALYSIS AND INDIVIDUALS IN SEPTEMBER TO ORGANIZE EFFORTS TO EDUCATE THE PUBLIC ABOUT THE USE OF BIOENERGETIC ANALYSIS IN PSYCHOLOGY AND PSYCHOTHERAPY. ACCUIRED AND USED AND/OR CONVERTED 40+YEAR OLD ACADEMIC/TRAINING VIDEOS TO DIGITAL FORMAT TO MAKE EDUCATIONAL RESOURCES AVAILABLE TO THE LAY PUBLIC AND PSYCHOTHERAPY PROFESSIONALS.

				EXPENSES
то	FORM 990-PF,	PART IX-A,	LINE 1	1,292.
				

STATEMENT